



## Pamper Packages

**Looking Good, Feeling Great** Duration 1 hrs 15 Mins      £45.00  
Brazilian Wax (Hollywood available for £5 additional charge)  
Underarm wax, Half leg wax and Mini Pedi

**Relax and Unwind** Duration 1hr 30 Mins      £75.00  
Choose From; Skin Revive Facial & Full Body Massage OR Modern  
Skin Facial & Back Massage, use of swimming pool, sauna and  
gymnasium & afternoon tea

**Treat Me, Spoil Me** Duration 1hr 40 Mins      £85.00  
Hot Stones Back Massage, Skin Revive Facial, Re-shape & Polish  
Two course lunch in the Brasserie Café Bar, Robe & Slippers, use of  
Swimming Pool, Sauna and gymnasium.

**The One That I Want** Duration 2 hrs 50 Mins      £130.00  
Back Buffing Treatment, Gel Polish for Hands, Pedicure, Skin  
Revive Facial, Two Course lunch in the Brasserie café bar, use of  
Health Club Facilities, Robe & Slippers

**Male Maintenance** Duration 1hr 30 Mins      £60.00  
Back Buffing Treatment, Brow Tidy, Hand & Nail Grooming, Toe  
Nails Cut

**Group Pamper Package (Maximum 8 people)**      £40.00pp  
Duration 25 Minutes Per Person  
Choose one of the following treatments; Swedish Back Massage,  
Skin Revive Facial, Back Buffing Treatment, Hand Massage with  
Mini Mani Foot Massage with Mini Pedi  
Afternoon Tea, Use of the Health Club facilities, Robe and slippers

## Treatment Menu

### Waxing

Eyebrow shape, Lip, Chin	£8.00
Underarm or Forearm	£8.00
Stomach or Bikini	£8.00
Half Leg or Back	£15.00
Chest	£15.00
Brazilian	£20.00
Half Leg & Bikini or Underarm	£21.00
Full Leg	£25.00
Hollywood	£25.00
Full Body Wax	£75.00
Full Leg Wax, Hollywood, Stomach, Back and Full Arm	
Duration 2hrs, 40mins	

### Hands

Mini Manicure	£11.00
Hand & Nail Grooming for Men	£16.00
Essential Manicure	£20.00
Luxurious Manicure	£25.00
Gel Polish – Hands	£20.00

### Feet

Mini Pedicure	£11.00
Foot Massage with Exfoliation	£16.00
Essential Pedicure	£24.00
Luxurious Pedicure	£28.00
Gel Polish Feet	£20.00

## Eye Care Essentials

Eyebrow Tint	£8.00
Eyelash Tint	£15.00
Eyelash Extensions	£18.00
Eyelash Extension Removal	£20.00
Looking Good Eye Makeover	£18.00
Eyebrow wax, eyebrow tint, eyelash tint duration 30 Mins	

### **Skin Revive Facial** Duration 25 minutes £30.00

This skin reviving facial includes cleansing, toning, a deep exfoliation with deeply relaxing facial massage to boost your skins radiance.

### **Modern Skin Facial** Duration 55 Minutes £45.00

This skin maintenance facial is tailored to your individual skin needs. Your skin will be cleansed, toned and deeply exfoliated. You will then receive a facial massage and skin specific mask. Following this your skin will then be moisturised to nourish and rebalance your skin.

## Body

### **Swedish Back Massage** Duration 25 Minutes £28.00

The term 'Swedish Massage' refers to a variety of massage techniques designed to increase blood flow to the heart and release toxins. This massage treatment is designed to relieve everyday stress.

### **Hot Stones Back Massage** Duration 40 Minutes £38.00

Hot stones promote deeper muscle relaxation through the use of smooth basalt stones. The heat from the hot stones expands blood vessels, which promotes blood flow throughout the body. This treatment will melt away tension and everyday aches and pains.

### **Back Buffing Treatment** Duration 40 Minutes £35.00

Your treatment will start with a deep cleansing scrub to remove dead skin cells, this is then followed by a Swedish Back Massage to melt away aches and pains. We'll then finish the treatment by applying a hydrating moisturiser to the area.

### **Swedish Full Body Massage** Duration 55 Minutes £45.00

The aim of a Swedish Massage is to relax the entire body by rubbing the muscles with long gliding movements in the direction of the blood returning to the heart.

### **Hot Stones Full Body Massage** Duration 1 hour 10 minutes £55.00

The therapeutic heat from hot stones warm the muscles whilst luxurious oil is massaged deep into the body for a completely new body experience.

Many of the listed treatment are suitable for both ladies & men, please ask on booking for more information on any of the listed treatments.

To make an appointment please contact us on:  
(01792) 657111 or [healthclub@dragon-hotel.co.uk](mailto:healthclub@dragon-hotel.co.uk)